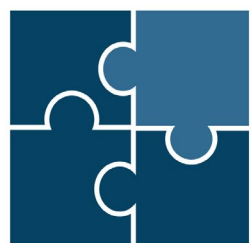


Module 2: Understanding Substance Use Disorders, Treatment & Recovery

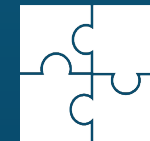
Child Welfare Training Toolkit



**National Center on
Substance Abuse
and Child Welfare**

Acknowledgement

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National Center on
Substance Abuse
and Child Welfare

Learning Objectives

After completing this training,
child welfare workers will:

- Identify the different types of drug classifications based on chemical components, effects, and legality
- Recognize different types of substances, including their effects and methods of use
- Understand the basic brain chemistry of substance use disorders including the role of dopamine and changes to brain circuitry
- Outline the substance use disorder continuum of care with knowledge of screening, referral, and assessment practices
- Understand diagnostic criteria for substance use disorders and how this informs indicated levels of treatment
- Acquire knowledge on evidence-based interventions for families affected by substance use disorders
- Discuss the benefits of specialized treatment services for men and women affected by substance use and co-occurring disorders
- Understand the benefits of integrating recovery support services into child welfare service delivery models



“Groundbreaking discoveries about the brain have revolutionized our understanding of addiction, enabling us to respond effectively to the problem.”

*—Dr. Nora Volkow,
National Institute on Drug Abuse*

A Treatable Disease



Drug Classifications 101



Drug
Classifications
Based on
Chemical
Components

Alcohol

Barbiturates

Benzodiazepines

Cannabinoids

Opioids

Depressants

Hallucinogens

**Drug Classifications
Based on Effect**

Stimulants

Inhalants

Drug Classifications Based on Legality

Schedule I

Schedule II

Schedule III

Schedule IV

Schedule V

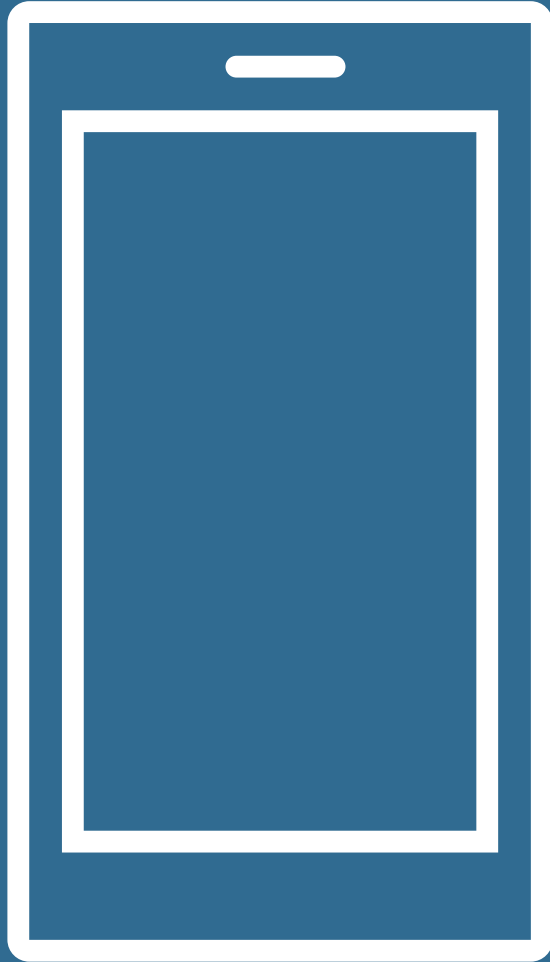
Common Drugs Matching Game

Small Group Activity

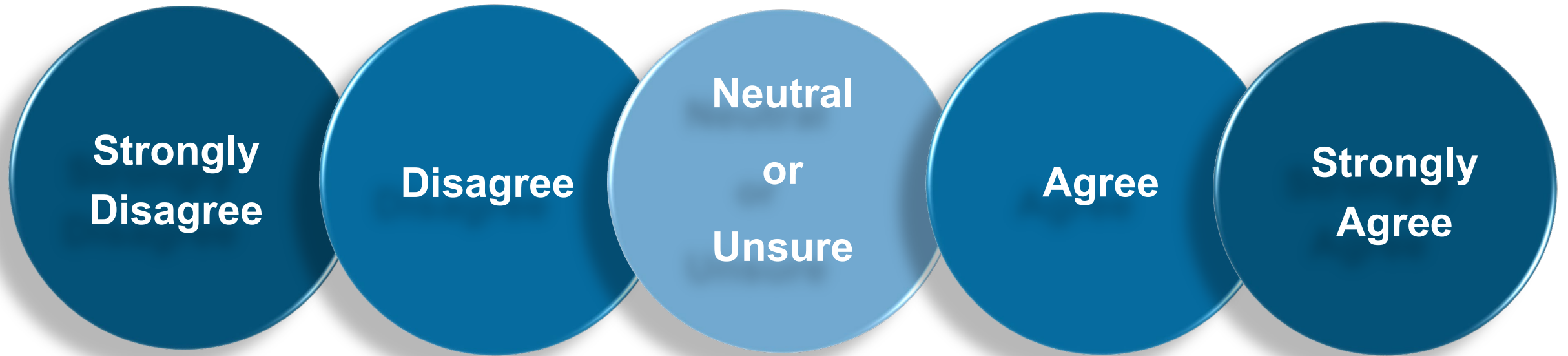


The Brain Science of Addiction

Let's Take a Poll!



Substance Use Disorder Values



Substance Use Disorder Values

1. How has our understanding of substance use disorders changed over time?
2. How have these advancements shaped or reshaped the values that drive decision-making in our work with children, parents, and families affected by substance use disorders?

Reflection Exercise

Understanding the Role of Dopamine

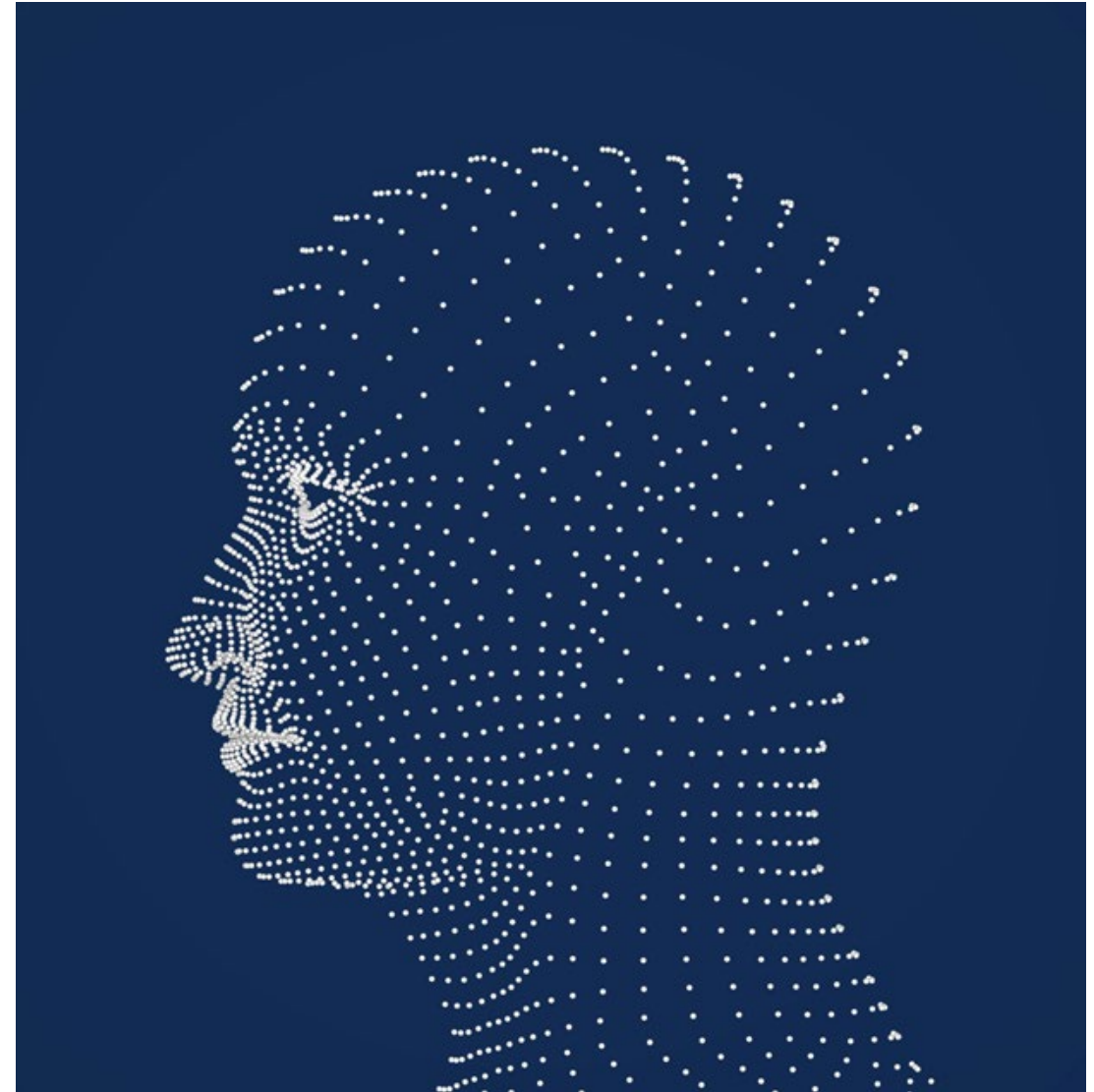
Dopamine is a neurotransmitter that is released during a pleasurable experience and acts by

- Connecting to the reward circuit of the brain
- Reinforcing behaviors that are pleasurable
- Producing neural changes that help form habits
- Training the brain to repeat the pleasurable experience

Substance Use & Brain Circuitry

Brain imaging studies show physical changes in areas of the brain when a drug is ingested that are critical to:

- Judgment
- Decision-making
- Learning
- Behavior



Why are Drugs so Hard to Quit?

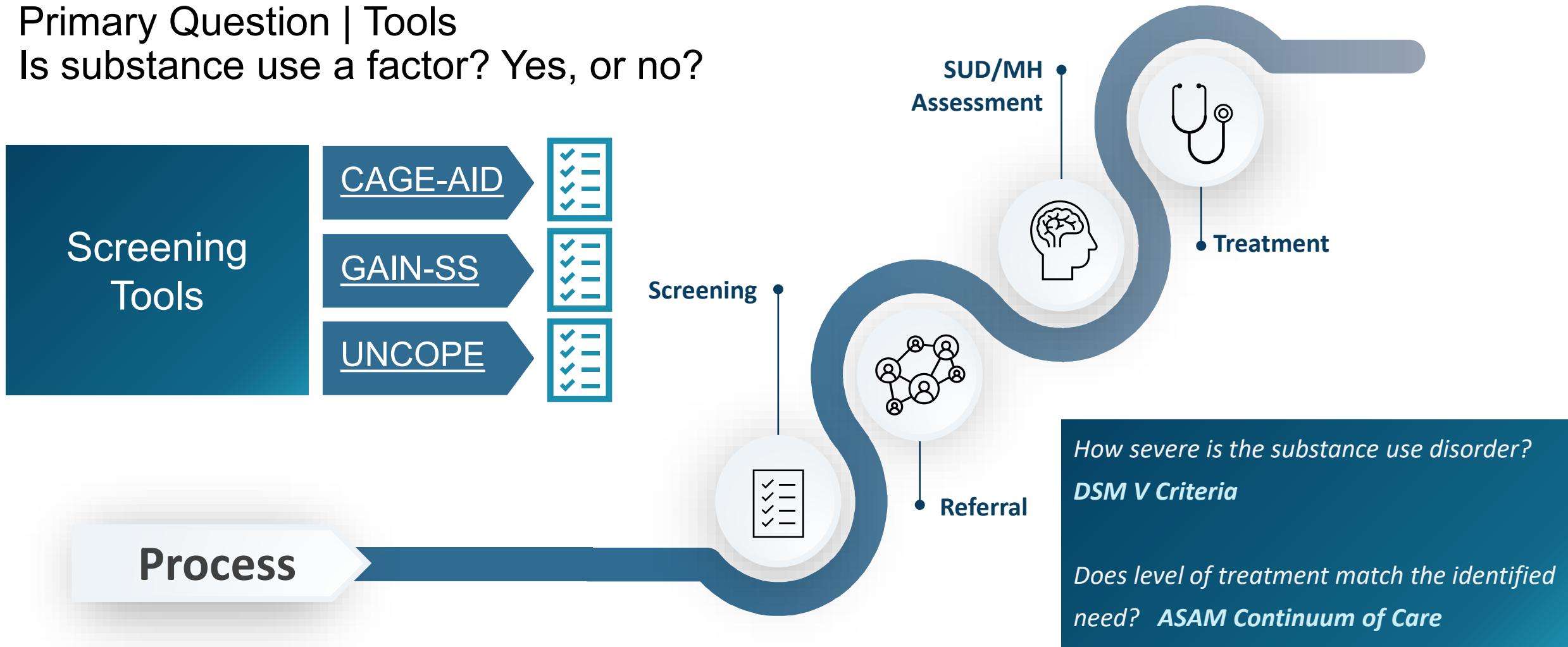
[Animated Video by NIDA](#)



Early Intervention, Treatment & Management of Substance Use Disorders

Overview of the Screening, Referral, Assessment & Treatment Process

Primary Question | Tools
Is substance use a factor? Yes, or no?



Substance Use Continuum of Care





Screening, Brief Intervention, and Referral to Treatment (SBIRT)

Three Components of SBIRT:

- Screening
- Brief Intervention
- Referral to Treatment

Screening & Referrals in Child Welfare Settings



Substance Use Screening Tools



CAGE-AID



GAIN-SS



UNCOPE

Screening for Substance Use in Child Welfare Using the UNCOPE

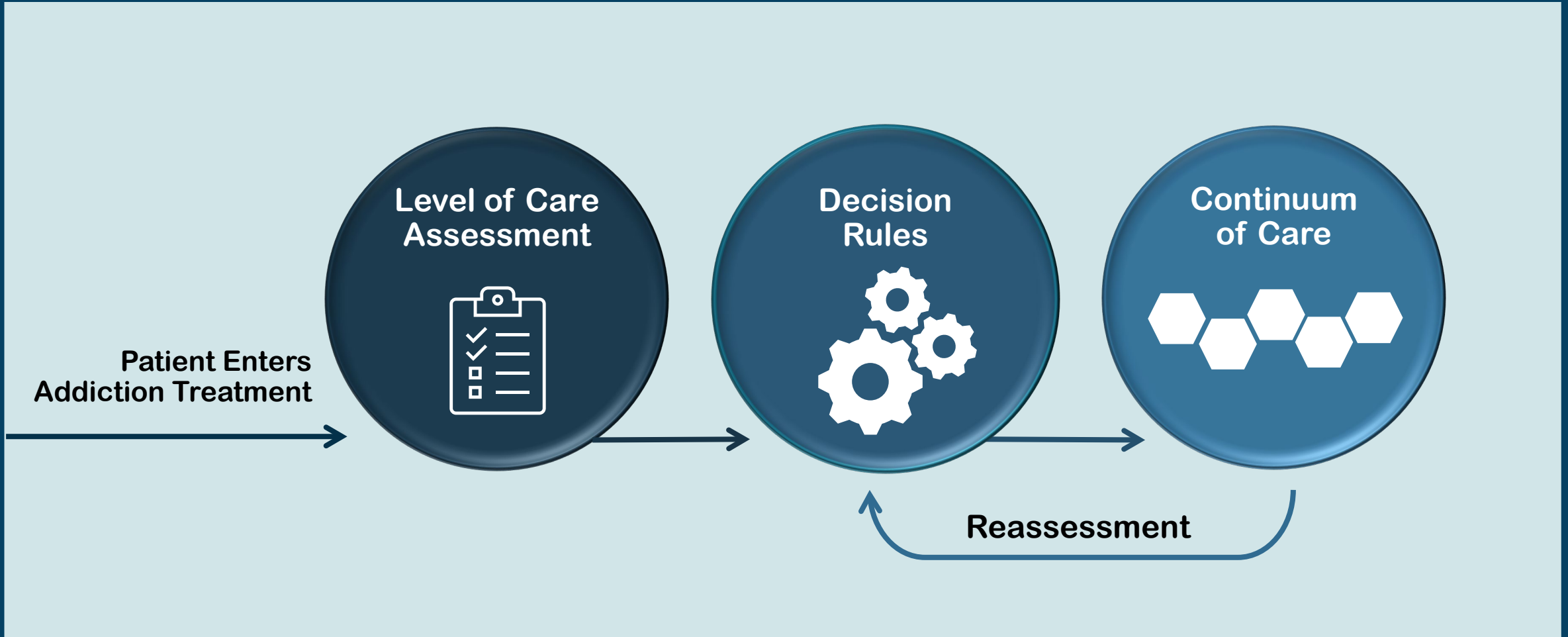
[Animated Video by the National Center on Substance Abuse and Child Welfare \(NCSACW\)](#)



Timely Referral for Substance Use Disorder Clinical Assessment



Core Components of The ASAM Criteria



ASAM Level of Care Assessment: Dimensions & Subdimensions

1

Intoxication, Withdrawal, and Addiction Medications

- **Intoxication and Associated Risks**
- **Withdrawal and Associated Risks**
- **Addiction Medication Needs**

2

Biomedical Conditions

- **Physical Health Concerns**
- **Pregnancy-Related Concerns**
- **Sleep Concerns**

3

Psychiatric and Cognitive Conditions

- **Active Psychiatric Symptoms**
- **Persistent Disability**
- **Cognitive Functioning**
- **Trauma Related Needs**
- **Psychiatric and Cognitive History**

4

Substance Use-Related Risks

- **Likelihood of Engaging in Risky Substance Use**
- **Likelihood of Engaging in Risky SUD-Related Behaviors**

5

Recovery Environment Interactions

- **Ability to Function Effectively in Current Environment**
- **Safety in Current Environment**
- **Support in Current Environment**
- **Cultural Perceptions of Substance Use and Addiction**

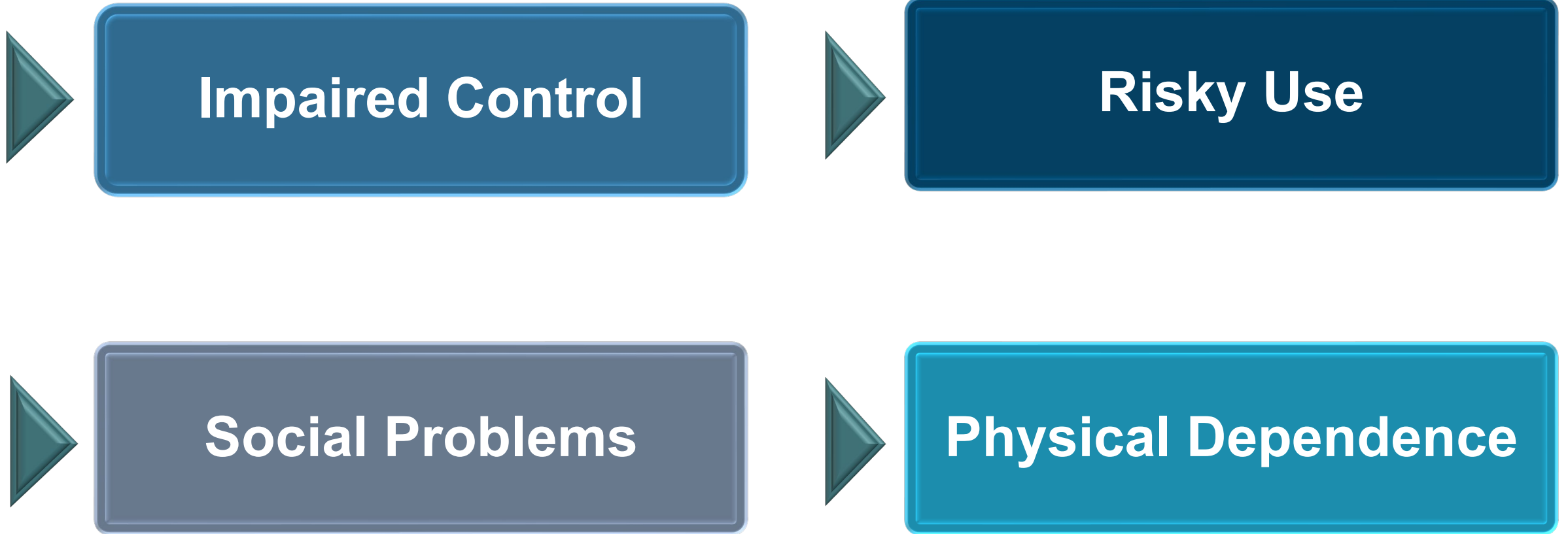
6

Person-Centered Considerations

- **Barriers to Care**
- **Patient Preferences**
- **Need for Motivational Enhancement**

(American Society of Addiction Medicine, 2023)

Diagnostic Classification by Category of SUD Symptoms



Diagnostic Classification by Number of SUD Symptoms



The ASAM Criteria Continuum of Care

Level 4: Inpatient

4 Medically Managed Inpatient

Level 3: Residential

3.1 Clinically Managed Low-Intensity Residential

3.5 Clinically Managed High-Intensity Residential

3.7 Medically Managed Residential

Level 2: IOP/HIOP

2.1 Intensive Outpatient (IOP)

2.5 High-Intensity Outpatient (HIOP)

2.7 Medically Managed Intensive Outpatient

Level 1: Outpatient

1.0 Long-Term Remission Monitoring

1.5 Outpatient Therapy

1.7 Medically Managed Outpatient



Recovery Residence

Addressing Gaps in SUD Treatment Service Array

Small Group Discussion

- **Does your local community offer the full-service array for SUD treatment services? If no, what are the current service gaps in your community?**
- **When a parent's indicated level of care is not available (no provider or waitlisted), what services are offered as an interim?**
- **How have these gaps in SUD treatment service array challenged your work with families (e.g., engagement, retention)?**
- **Do any of your local treatment provider agencies partner with neighboring jurisdictions to expand access in your region?**
- **What are steps you can take to support parents affected by substance use disorders as they wait for treatment (e.g., recovery supports, safety planning)?**

Small Group Discussion Questions

Motivational
Interviewing

Cognitive Behavioral
Therapy

Contingency
Management

Evidence-Based Interventions for Families Affected by Substance Use Disorders

Medications for
Opioid Use Disorder

Trauma-Informed Care

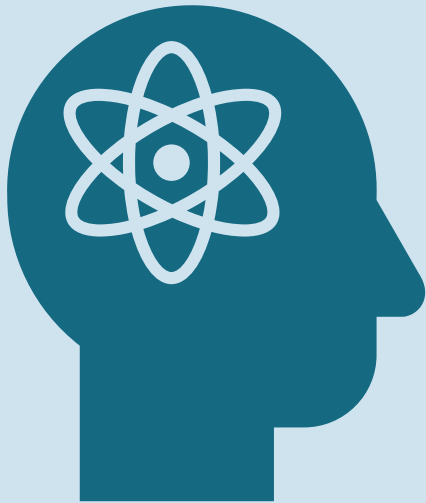
Sobriety Treatment
and Recovery Teams
(START)

Evidence-Based Interventions for Families Affected by Substance Use Disorders

Motivational Interviewing



Cognitive Behavioral Therapy



Evidence-Based
Interventions for
Families
Affected by
Substance Use
Disorders

Evidence-Based Interventions for Families Affected by Substance Use Disorders

Contingency Management



Medications for Opioid Use Disorder



Evidence-Based
Interventions for
Families
Affected by
Substance Use
Disorders

Evidence-Based Interventions for Families Affected by Substance Use Disorders

Trauma-Informed Care



Sobriety Treatment and Recovery Teams (START)



**Evidence-Based
Interventions for
Families
Affected by
Substance Use
Disorders**

Specialty Court Programs for Families Affected by Substance Use or Co-Occurring Disorders

Family Treatment
Courts

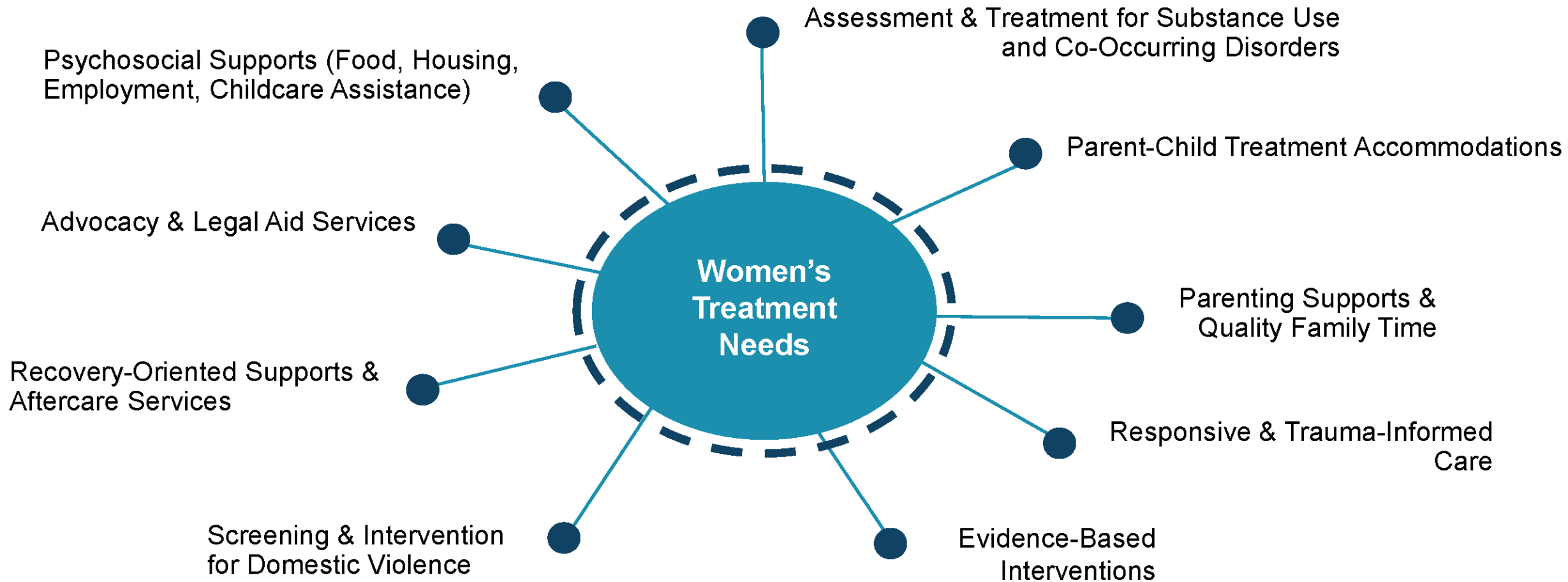


Safe Babies
Courts

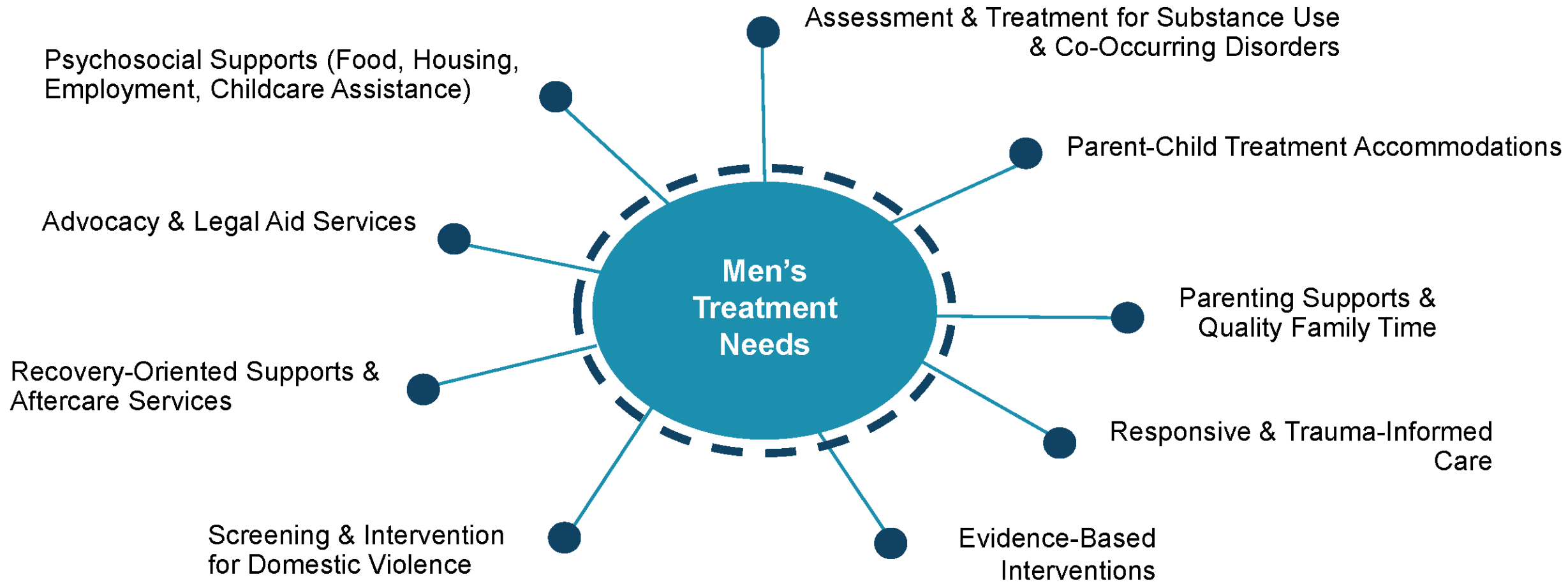


Specialized Treatment Services for Women & Men

Treatment Services & Supports for Women



Treatment Services & Supports for Men





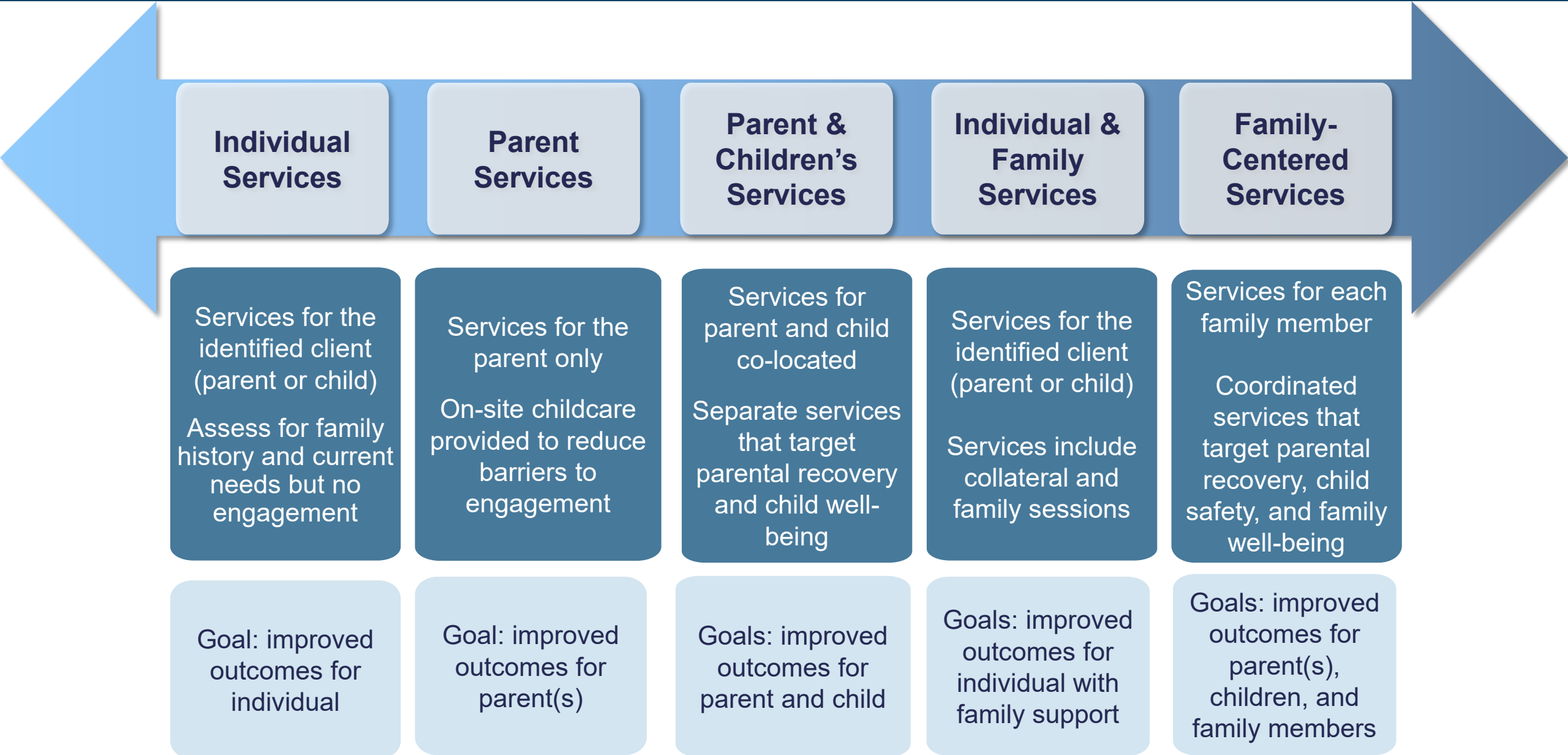
Family-Centered Approach



Family-Centered Approach Elements

- Substance Use and Co-Occurring Disorder Treatment Services
 - Parent-Child Interventions and Services
 - Developmental Screening and Services for Children and Adolescents
-

Family-Centered Approach Continuum



Continuum of Family-Centered Service Provision

Small Group Discussion

- **What percentage of your local treatment providers offer family-centered service provision?**
- **On average, where would most local treatment providers fall within this continuum?**
- **Historically, what have been the challenges or barriers to implementing family-centered service provision in your local community?**
- **If your community currently has gaps in family-centered service provision, what does this mean for children and families affected by substance use disorders?**

Small Group Discussion Questions



Recovery Is Possible!

**Recovery
emerges from hope**

**Recovery is
person-driven**

**Recovery occurs
via many pathways**

**Recovery
is holistic**

**Recovery is
supported by
peers and allies**

SAMHSA's Guiding Principles of Recovery

**Recovery is
supported through
relationships and
social networks**

**Recovery is
personalized and
responsive**

**Recovery is
supported by
addressing trauma**

**Recovery involves
individual, family, and
community strengths
and responsibility**

**Recovery is based
on respect**

Recovery Support Services



**Mutual-Help
Organizations**



**Recovery
Communities**



**Recovery
Residences**



**Recovery
Coaches**

What is Peer Support?

[Short-Animated Video & Discussion](#)

Collaborate

Talk

Understand

Refer

**Key Practice
Strategy Reminders**



Ensure

Support

Convey

Doorway Recovery Videos

Permission to Use & Video Credit Provided by
New Hampshire Department of Health and Human Services

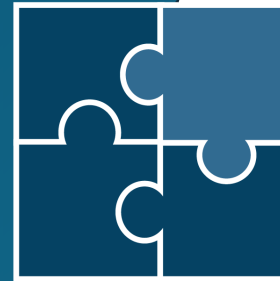
[Andy's Story: Before Recovery, His World Felt Small](#)

Contact

Contact the NCSACW TTA Program

Connect with programs that are developing tools and implementing practices and protocols to support their collaborative

Training and technical assistance to support collaboration and systems change



National Center on Substance Abuse and Child Welfare



<https://ncsacw.acf.hhs.gov/>



ncsacw@cffutures.org



Toll-Free @ 1-866-493-2758

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- National Center on Substance Abuse and Child Welfare: [Building Collaborative Capacity Series—Module 5: Frontline Collaborative Efforts: Developing Screening Protocols to Identify Parental Substance Use Disorders and Related Child and Family Needs](#) (updated 2022)
- National Center on Substance Abuse and Child Welfare: [Building Hope for Families Affected by Substance Use and Mental Health Disorders—A Blueprint for an Effective System of Care to Promote Lasting Recovery and Family Well-Being](#) (2023)
- National Center on Substance Abuse and Child Welfare: [Building Hope for Family Healing and Recovery Webinar](#) (2023)
- National Center on Substance Abuse and Child Welfare: [Collaborative Teams Toolkit for Trauma-Informed Care—Part 1: Trauma-Informed Care Tip Sheet for Collaborative Teams Serving Children, Parents, and Family Members Affected by Substance Use and Co-occurring Mental Health Challenges](#) (2024)

Resources, 2 of 4

- National Center on Substance Abuse and Child Welfare: [Collaborative Teams Toolkit for Trauma-Informed Care—Part 2: Trauma-Informed Care Tutorial Video](#) (2024)
- National Center on Substance Abuse and Child Welfare: [Collaborative Teams Toolkit for Trauma-Informed Care—Part 3: Collaborative Trauma-Informed Care \(C-TIC\) Tool](#) (2024)
- National Center on Substance Abuse and Child Welfare: [Engaging Dads in Programs to Support Families Affected by Substance Use Disorders Webinar](#) (2022)
- National Center on Substance Abuse and Child Welfare: [Family-Centered Approach for Families Affected by Substance Use Disorders Webinar](#) (2024)
- National Center on Substance Abuse and Child Welfare: [How Using Contingency Management Can Support Families Affected by Substance Use Disorders Webinar](#) (2022)
- National Center on Substance Abuse and Child Welfare: [Implementing a Family-Centered Approach \(Companion Modules\) Series](#) (2021)
- National Center on Substance Abuse and Child Welfare: [Peer Support Specialist Programs for Families Affected by Substance Use and Involved with Child Welfare Services: A Four-Module Implementation Toolkit](#) (2024)
- National Center on Substance Abuse and Child Welfare: [Referral and Engagement of Families in Services](#) (2023)
- National Center on Substance Abuse and Child Welfare: [Screening for Substance Use in Child Welfare Using the UNCOPE Video](#) (2023)

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- National Center on Substance Abuse and Child Welfare: [*The Use of Peers and Recovery Specialists in Child Welfare Settings*](#) (updated 2019)
- National Center on Substance Abuse and Child Welfare: [*Understanding Screening and Assessment of Substance Use Disorders: Child Welfare Practice Tips*](#) (updated 2022)
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